

# CORTEX-eCARE: a High-Value Care Approach for Children with Congenital Heart Disease

Hospital Sant Joan de Déu









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# CONGENITAL HEART DISEASES (CHD)

## HIGH HEALTH AND SOCIETAL IMPACT



MOST COMMON BIRTH DEFFECT (1%)

50,000 EU newborns each year

LEADING CAUSE OF MORBIDITY & MORTALITY

1st year of life





9 OUT OF 10 REACH ADULTHOOD

Over 1 M adults in EU





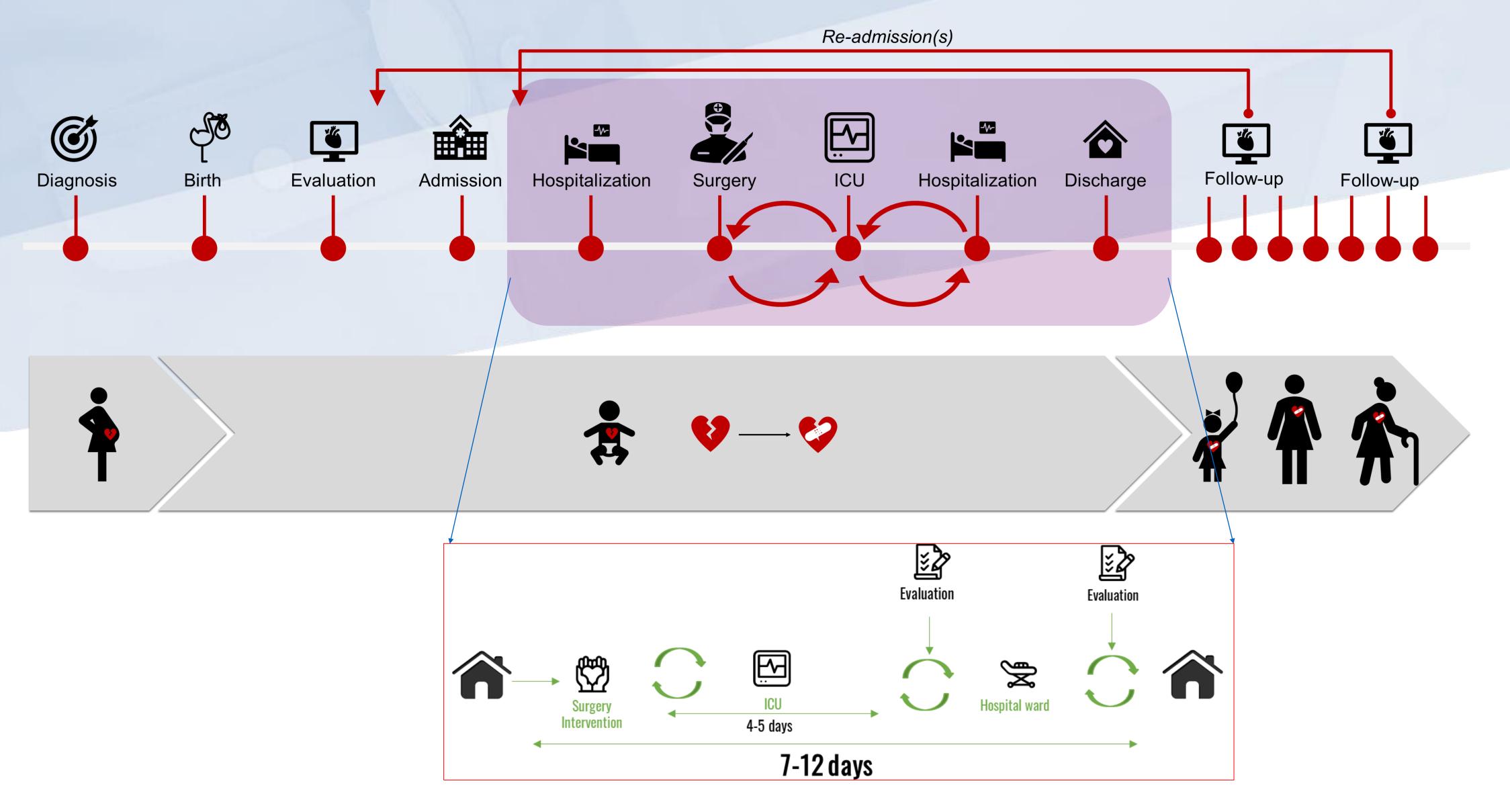








# **CURRENT PATIENT JOURNEY**











### **CORTEX e-CARE**

# HVC MODEL - eCARE "traffic-light"

## Towards a new person-centered care approach for CHD patients aiming to

- i. identify new patient/family-centered outcome metrics,
- ii. anticipate and prevent critical events,
- iii. improve patient & family experience and QoL,
- iv. improve healthcare providers' experience and
- v. reduce HC system costs.







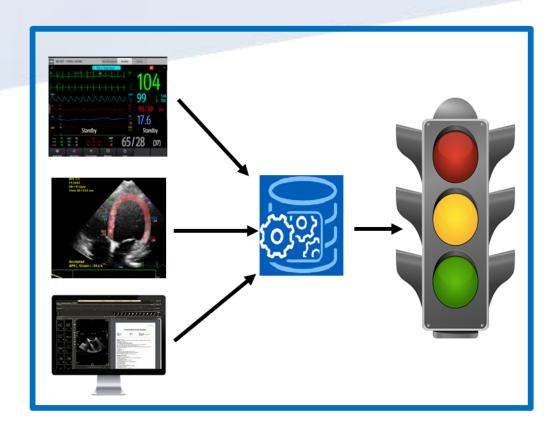


# HVC MODEL - eCARE "traffic-light"

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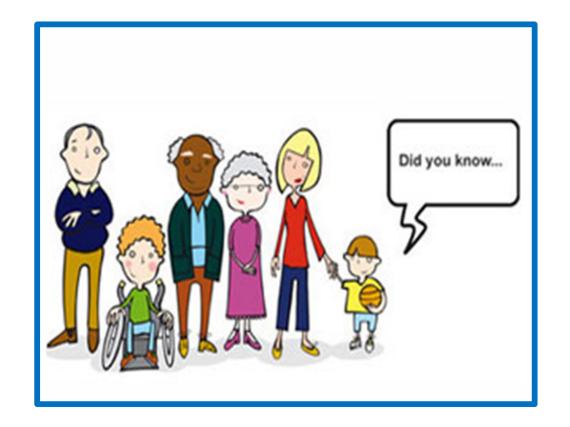
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HOW

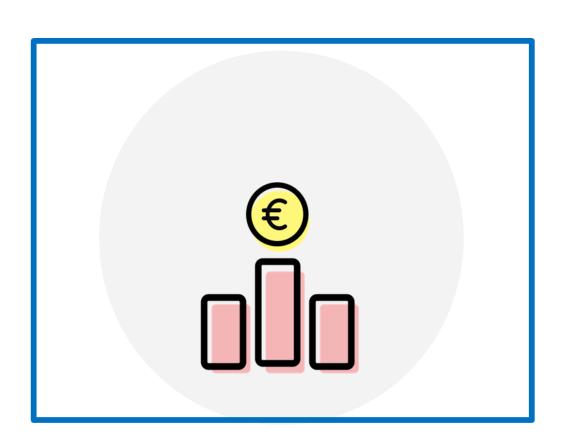


Data-supported patient risk stratification:

CORTEX "traffic light" algorithm



Implementation PREMs/PROMs and family reported outcomes



Shift to value-based reimbursement









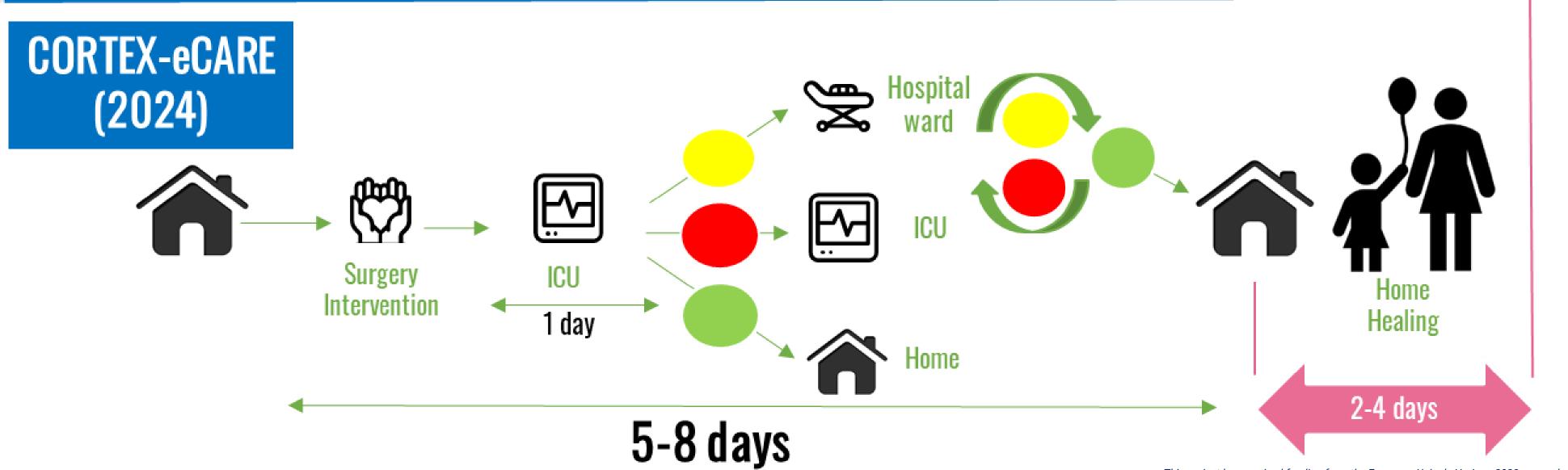


# CORTEX eCARE

AIM

**THE AIM** 







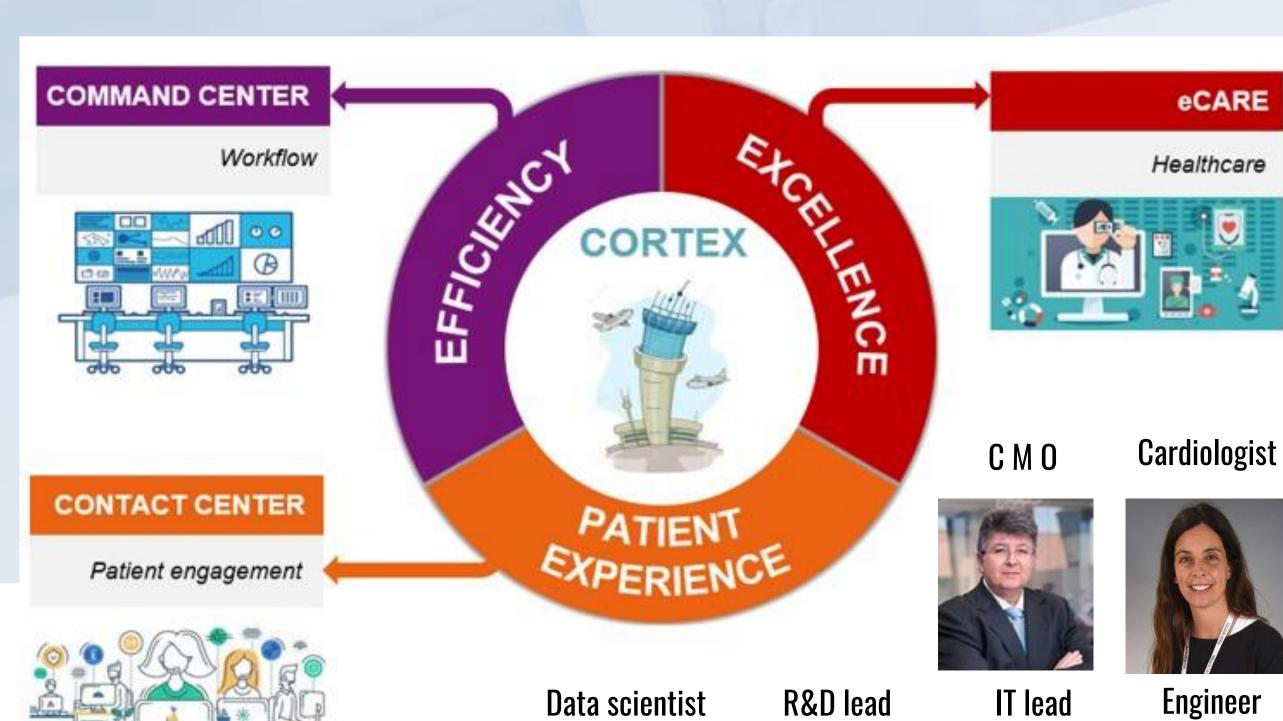






# CORTEX e-CARE

### THE TEAM





Sonographer



IT specialist

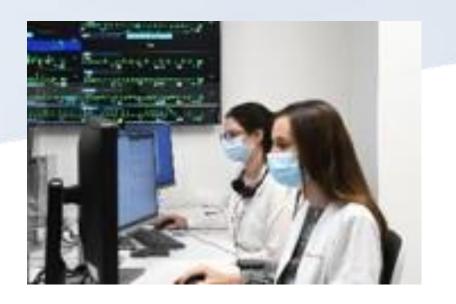




















# "TRAFFIC LIGHT" ALGORITHM

### HOSPITAL DATA

### **CORTEX RULE-BASED ALGORITHM**

### **ACTUAL PRELIMINARY RESULTS**



### **REAL-TIME PATIENT DATA**

Heart rate, SO2, Resp. rate, ECG, Blood pressure,



### MEDICAL IMAGING

Echocardio, AngioTC, Chest X Ray



### **EMR**

Weight, Age, Diuresis, Fluid balance, CHD diagnosis,



7 variables CORTEX traffic-light ruled-based algorithm



Unstable: ICU.

At risk: Monitor in hospital rooms.

Stable: Consider sending home



5% reduction in avg. ICU Length of Stay (LOS)  $4.6 \rightarrow 4.4$  days

22% reduction in avg. total hospital LOS  $12 \rightarrow 9.3$  days

12% reduction in hospital operative costs
11,700 → 10,300 €/patient
100 patients pilot → 138 k € savings

3.7 % of readmissions reduced 5 % of complications reduced











# "TRAFFIC LIGHT" ALGORITHM v 2.0

### **HOSPITAL DATA**

### **CORTEX ALGORITHM**

### **EXPECTED RESULTS**

### **REAL-TIME PATIENT DATA**

Heart rate, SO2, Resp. rate, ECG, Blood pressure,

**50** variables CORTEX traffic-light ruled-based algorithm

### MEDICAL IMAGING

Echocardio, AngioTC, Chest X Ray



Unstable: ICU.

At risk: Monitor in hospital rooms.

Stable: Consider sending home



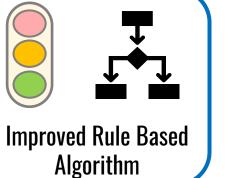




balance, CHD diagnosis,









14% reduction in avg. ICU Length of Stay (LOS)

30% reduction in avg. total hospital LOS

21% reduction in hospital operative costs

of readmissions reduced 7.5% of complications reduced









# PATIENT ENGAGEMENT

TOWARDS CAPABILITY, CONFORT AND CALM









Begonya Nafria (Patient Engagement)

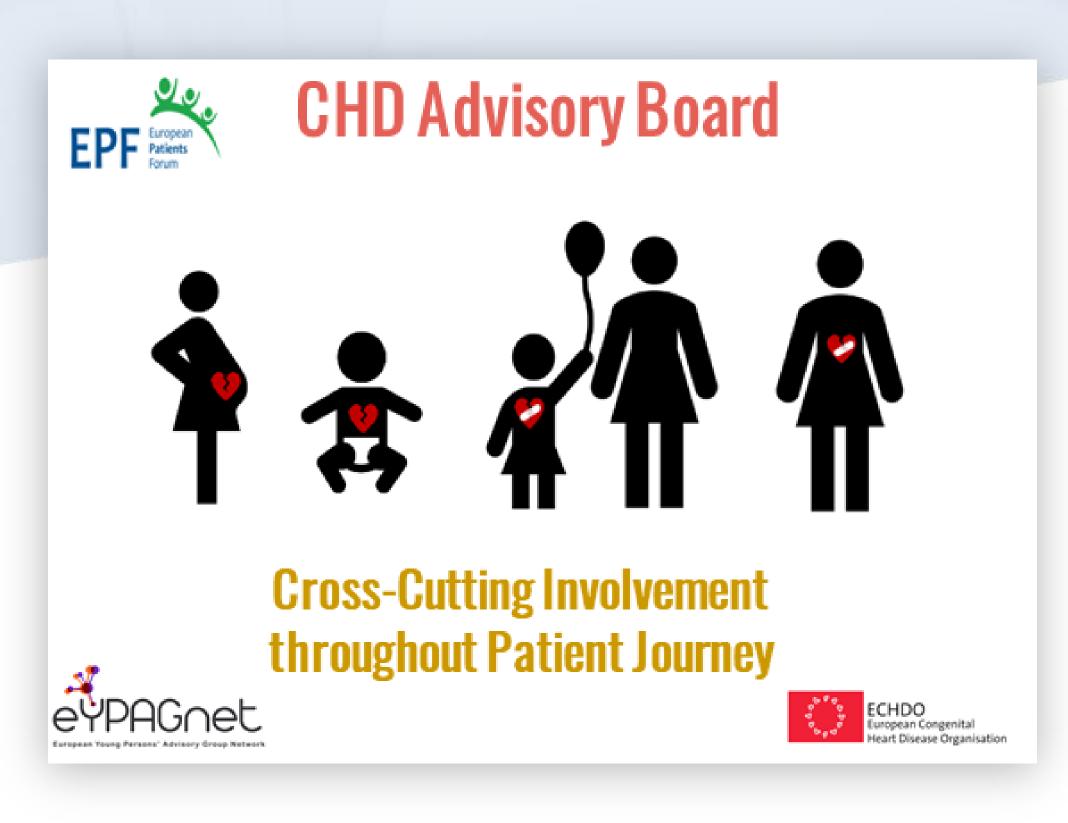
Mireia Salvador t) (Psychologist)

Unmet medical needs

**Co-creation of questionnaires** 

**Data Health Literacy** 

**Ethical decisions** 



Outcomes

Dissemination and communication

Testing the PREMs & PROMS tools



**Educational materials** 







# PATIENTS AND FAMILIES

### **Engagement - Involvement**































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